As a mental health worker, it is essential to understand the family systems: Individuals and their roles and boundaries. This assignments will help you understand how to analyze a family system.

Access and complete the**“**Family Dynamics and Systems Worksheet 4.”

While APA style is not required for the body of this assignment, solid academic writing is expected, and documentation of sources should be presented using APA formatting guidelines, which can be found in the APA Style Guide, located in the Student Success Center.

This assignment uses a scoring guide. Please review the scoring guide prior to beginning the assignment to become familiar with the expectations for successful completion.



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| Explain how roles change within family life cycle transitions and why (150-200 words). |
| Provide an example of a family system you know. Define the roles, explain the rules, and if you have witnessed the change of roles within that family’s life cycle (250-300 words). |