

## Community Health Promotion Goals

***Health promotion depends on individuals acting to change health behaviors in themselves, their families, and their communities.***

***As well as advocating prevention priorities among policy makers, business, industry and government.***

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## Socio-ecological Model (SEM) and Spectrum of Prevention

**Public Policy**

**Organizational**

**Community**

**Interpersonal**

**Interpersonal**

**Individual**

### The Spectrum of Prevention

Influencing Policy & Legislation

Changing Organizational Practices

Fostering Coalitions & Networks

Educating Providers

Promoting Community Education

Strengthening Individual Knowledge & Skills

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