

VAL – OKOLIE ROSELINE UCHECHI

BIO DATA:

DATE OF BIRTH: 21st January 1978
SEX: Female
NATIONALITY: Nigerian
MARITAL STATUS: Married
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OBJECTIVE:

A highly skilled, diligent, empathetic, thorough and patient – oriented registered nurse. I am dedicated to providing exceptional care and implementing effective treatment plans for my patients and I thrive within diverse and fast paced environment. As one who has passion for nursing with a strong desire to provide the highest level of care to my patients. I am looking for a suitable position with an employer who will offer great opportunities for career progression and comprehensive support during my employment.

INSTITUTION ATTENDED WITH DATES

Nov. 2011 – Nov 2012 School of post Basic Nursing studies National Orthopedic Hospital Igbobi, Lagos State, Nigeria.

March 2001 – March 2002 School of Midwifery Ministry of health Umuahia, Abia State, Nigeria.

1997 – 2000 School of Nursing, Ministry of Health, Umuahia, Abia State, Nigeria

1991 – 1994	Abia State Senior Science School Ihie Isiala North L.G.A Abia State Nigeria
1989 – 1991	Ovom Girls High School, Aba Abia State Nigeria.
1987 - 1988	Agbaragwu Community School Isiala Ngwa North L.G.A. Abia State Nigeria.
1982 – 1987	Okpualangwa Primary School Isilangwa North Abia State Nigeria.

PROFESSIONAL REGISTRATION AND LICENSURE

Registered Orthopedic Nurse (NMC of Nigeria)

Dated Issued: 2nd September 2013

RON 1155

Registered Orthopedic Nurse (NMC of Nigeria)

Dated Issued: 5TH August, 2002

R.M. 80,833

Registered Nurse (NMC of Nigeria)

Dated Issued: 16TH February, 2001

R.N. 105. 547

CGFNS CERTIFICATE

Certificate No: 0004399735

Date Issued: June 12, 2008

WORK EXPERIRNCE

**NATIONAL ORTHOPAEDIC HOSPITAL, IGBOBI, LAGOS P.M.B
2009, YABA LAGOS NIGERIA**

Hours Per week: 40 Hours

Unit: Female Orthopedic ward and male spinal ward

Post Held: Senior Nursing Officer

Duration: January 2015 – Present

National Orthopedic Hospital is a 390 bedded specialist hospital (WHO Collaboration Centre) with different departments which include Orthopedics and trauma, Anaesthesia and intensive care, burns, and plastic surgery, Oncology, Radiology, Prosthetics and Orthotics, Physical and electrical therapy, Occupational therapy, speech therapy, health records, Pathology/Hematology, Training School, education and research

DUTIES AND RESPONSIBILITIES

- ❖ Admission, transfer and discharge of patients
- ❖ Preparing and implementing individualized nursing care plan for patients
- ❖ Ensuring effective communication and good interpersonal relationship with patients, colleagues and members of health care team.
- ❖ Maintaining hygienic and safe working environment in compliance with the health care procedures
- ❖ Providing emotional and psychological support to patients and their families
- ❖ Pre op preparation, immediate and subsequent post of care of patients with having cases like Total hip replacement, open reduction and internal fixation, split skin grating and flap surgery etc.
- ❖ Provision of specific and total nursing care of patients
- ❖ Providing instant care during medical emergencies like thrombo embolism/fat embolism, strokes and heart attacks
- ❖ Liaising with the social workers to source funds for the less privileged patient
- ❖ Checking the stock on a regular basis for maintaining the inventory and placing order if required.

- ❖ Wound care of acute and chronic wounds and pressure sores and assist in application of vacuum assisted closure device for deep wounds
- ❖ Collection of specimens eg urine, catheter tip and wound swab for laboratory investigations
- ❖ Administration of oral and parenteral medications
- ❖ Participating in discharge teaching and rehabilitation of patients
- ❖ Directing and supervising, subordinates students nurses and newly employed nurses on orientation.

EQUIPMENTS HANDLED

- ✓ Glucometer
- ✓ Nebulizers
- ✓ Resuscitator bag, Valve and mask
- ✓ Oxygen apparatus
- ✓ Pulse oximeter
- ✓ Manual and Electronic Sphygmomanometer
- ✓ Vacuum -assisted closure device

NATIONAL ORTHOPEDIC HOSPITAL, IGBOBI, LAGOS

P.M.B. 2009, Yaba, Lagos, Nigeria




Hours Per Week: 40 Hours

Unit: Female spinal ward, Female Orthopedic ward, Male Orthopedic. Worked as a borrowed nurse in accidents and emergency unit, burns and plastic unit and intensive care unit

Post Held: Nursing officer II and Nursing officer I

Duration: 2008 - 2014

DUTIES AND RESPONSIBILITIES

-  Admission transfer and discharge patients
-  Assessment of patients
-  Preparing and implementing individualized nursing care plan for

patients

- ✚ Creating harmonious environment in order to provide emotional and psychological support to patients and their families
- ✚ Maintaining hygienic and safe working environment by complying with procedures, rules and regulation.
 - Preparing patients for various investigations like x rays, CT scan MRI etc
 - Preparing and assisting in procedures like wound debridement and insertion of central venous line
 - Administration of both oral and parenteral drugs as prescribed
 - Administration of oxygen and suctioning
 - Checking the stock on a regular basis for maintaining the inventory and placing order if required.
 - Pre and post operative management of surgical cases like total hip replacement, amputation etc
 - Preparing rooms and decontaminating equipment and instruments.
 - Educating patients and their families about disease and it's treatment.
 - Directing and supervising the ancillary staff and student nurses.
 - Discharge teaching and rehabilitation of patients
 - Report writing

Equipment Handled

- Oxygen administration apparatus
- Resuscitator bag valve and mask
- Glucometer
- Pulse oximeter
- Nebulizer
- Manual and digital sphgmomanometer

OOHBEE HOSPITAL

1, Kudaki Road, Ikotun Egbe, Lagos Nigeria

Hours per shift: 8 hours

Post held: sister in charge

Duration:2007-2008

DUTIES AND RESPONSIBILITIES

- Admission and discharge of patient
- Supervising and directing subordinates
- Observation and recording of vital signs and maintaining intake and output chart
- Preparing duty roster
- Administration of medications as prescribed
- Monitoring of labour and conducting deliveries
- Ensuring infection control in the ward/ hospital by observing universal safety precautions
- Securing intravenous access
- Ensuring injection safety
- Collection of samples eg urine and blood for laboratory investigations
- Conducting antenatal and postnatal teaching of mothers
- Sterilization of instruments
- Pre and post op care of patient for general and abdominal surgeries

Equipment Handled

- Digital thermometer
- Oxygen apparatus
- Glucometer
- Suction apparatus
- Instrument sterilizer

BALM OF GLEAD CLIMIC

Plot 209,Road 14, Agip Housing Estate,Rumueme Port Harcourt, River State Nigeria

Hour per shift: 8 hour including call duty

Post held: staff Nurse/midwife

Duration: 2005-2006

DUTIES AND RESPONSIBILITIES

- Admission discharge of patients
- Administration of both oral and parenteral drugs according to doctor's prescription
- Pre and post op care of patients for surgeries
- Assisting in the theater
- Securing intravenous line
- Observation and keeping of intake output chart
- Health educating patients on personal hygiene and proper nutrition and their disease conditions
- Coordinating antenatal and post natal classes
- Monitoring of labour and taking deliveries
- Wound care under aseptic technique
- Sterilization of instruments
- Immunization of children

Equipment Handled

- Suction apparatus
- Instrument sterilizer
- Electronic and manual sphygmomanometer

COTTAGE HOSPITAL NBAWSI, ISIALANGWA NORTH L.G.A. ABIA STATE NIGERIA.

Hours Per Shift: 8 Hours

Post Held: Staff Nurse/Midwife

Duration: 2003 – 2004

DUTIES AND RESPONSIBILITIES

- Admission and discharge of patients
- Preparations of room and decontamination of instruments
- Observation and recording of vital signs
- Measurement and recording of intake and output
- Monitoring of labour
- Assisting with delivery of neonates

- Conducting antenatal and post natal classes
- Assisting in the theatre during surgeries
- Securing IV lines
- Ensuring injection safety infection control in the hospital
- Administration of oral and parenteral drugs.
- Report writing
- Pre and post of care of surgical cases
- Discharge teaching

Equipments Handled

- Thermometers
- Suction apparatus
- Sphygmomanometer

CASES HANDLED INCULDE

- ❖ Medical Cases like Malaria, Pneumonia, Hepatitis, Hypertension, Diabetes mellitus, Asthma, Gastroenteritis, Renal failure, Peptic ulcer disease, Benign Prostatic hypertrophy, Cancers of the breast, Cervix and prostate, HIV/AIDS etc
- ❖ Surgical cases like appendectomy, Herniorrhaphy, Myomectomy, Mastectomy Caesarean section, Exploratory Laparotomy etc.

REFERENCE

On Request