*First, identify each element of your PICO on the line below, then take a look at the templates below to help you formulate a PICO(T) question.*

**P:** Population/disease ( i.e. age, gender, ethnicity, with a certain disorder)

P: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**I:** Intervention or Variable of Interest (exposure to a disease, risk behavior, prognostic factor) Note: Not every question will have an intervention (as in a meaning question – see below).

I: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**C:** Comparison: (could be a placebo or "business as usual" as in no disease, absence of risk factor). Note: This is not used in a meaning question – see below.

C: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**O:** Outcome: (risk of disease, accuracy of a diagnosis, rate of occurrence of adverse outcome)

O: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***T:*** *Time: The time it takes to demonstrate an outcome (e.g. the time it takes for the intervention to achieve an outcome or how long participants are observed).* ***This is an optional “add-on” for a PICO question.***

***~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~***

**For PICO questions about a nursing intervention/therapy:**

In \_\_\_\_\_\_\_(P), what is the effect of \_\_\_\_\_\_\_(I) on \_\_\_\_\_\_(O) compared with \_\_\_\_\_\_\_(C) within \_\_\_\_\_\_\_\_ (T)?

**For PICO etiology questions:**

Are \_\_\_\_ (P) who have \_\_\_\_\_\_\_ (I) at \_\_\_ (increased/decreased) risk for/of\_\_\_\_\_\_\_ (O) compared with \_\_\_\_\_\_ (P) with/without \_\_\_\_\_\_ (C) over \_\_\_\_\_ (T)?

**For PICO questions involving prevention:**

For \_\_\_\_\_\_\_\_ (P) does the use of \_\_\_\_\_\_ (I) reduce the future risk of \_\_\_\_\_\_\_\_ (O) compared with \_\_\_\_\_\_\_\_\_ (C)?

**For PICO questions that predict:**

Does \_\_\_\_\_\_\_\_\_\_ (I) influence \_\_\_\_\_\_\_\_ (O) in patients who have \_\_\_\_\_\_\_ (P) over \_\_\_\_\_\_ (T)?

**For PICO questions that want to know more about the meaning of…..**

How do \_\_\_\_\_\_\_\_ (P) diagnosed with \_\_\_\_\_\_\_ (I) perceive \_\_\_\_\_\_ (O) during \_\_\_\_\_ (T)?