# Assignment Details and Rubric



### **Unit outcomes addressed in this Assignment:**

Research phytochemicals and their benefits

## Course outcome assessed/addressed in this Assignment:

**NS430-2:** Explain the advantages and disadvantages of whole foods.

#### Instructions

- Find (identify and cite) a peer-reviewed, scientific research article on the phytochemicals associated with a specific type of fruit (e.g., phytochemicals and apples). As you look through the article, identify the author's main purpose (hypothesis), primary findings, and conclusion. How do the specific phytochemicals and fruits addressed by the article highlight the advantages of whole food fruits?
- Submit to the Dropbox a 1-page summary and critical review of the article.

## Requirements

 The expectation is for this Assignment is a 1-page, APA formatted paper with references as appropriate.

Please be sure to download the file "Writing Center Resources" from Doc Sharing to assist you with meeting APA expectations for written assignments.

## **Submitting Your Work**

Put your responses in a Microsoft Word document. Save it in a location and with the proper naming convention: username-CourseName-section-Unit 4\_Assignment.doc (username is your Kaplan username, section is your course section, 4 is your unit number). When you are ready to submit it, go to the Dropbox and complete the steps below:

- 1. Click the link that says "Submit an Assignment."
- 2. In the "Submit to Basket" menu, select Unit 4: Assignment.
- 3. In the "Comments" field, make sure to add at least the title of your paper.
- 4. Click the "Add Attachments" button.
- 5. Follow the steps listed to attach your Word document.

To view your graded work, come back to the Dropbox or go to the Gradebook after your instructor has evaluated it. Make sure that you save a copy of your submitted Assignment.

## **Unit 4 Assignment Grading Rubric = 60 points**

Assignment Requirements	Points possible	Points earned by student
Identify and cite a peer-reviewed, scientific research article.	0–15	
Summarize the purpose and primary findings presented in the research article.	0–15	
Discuss the specific phytochemicals and fruits addressed in the study.	0–15	
Emphasize the advantages of whole food fruits.	0–15	
Total (Sum of all points)		
Points deducted for spelling, grammar, and/or APA errors.		
Adjusted total points		
Instructor Feedback:		